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Aunt Jane’s Easy Spinach & Artichoke Dip

Ingredients

- * 1 (14 ounce) can artichoke hearts, drained and chopped
- * 1 (10 ounce) package frozen chopped spinach, thawed and drained
- * 1 cup mayonnaise
- * 1 cup grated Parmesan cheese
- * 2 1/2 cups shredded Monterey Jack cheese

Directions

1. Preheat oven to 350 degrees F. Lightly grease a 1 quart baking dish.
2. In a medium bowl, mix together artichoke hearts, spinach, mayonnaise, Parmesan cheese and 2 cups Monterey Jack cheese. Transfer mixture to the prepared baking dish, and sprinkle with remaining 1/2 cup of Monterey Jack cheese.
3. Bake in the center of the preheated oven until the cheese is melted, about 15 minutes.

ODOT Sends Reminder to Ohio Drivers: “Ice and Snow...Take it Slow”

Winter has arrived, and ODOT is offering drivers a few tips about how to stay safe on the roads. Here are some of their suggestions:

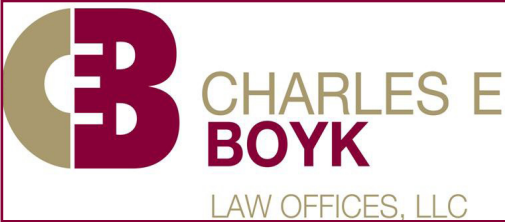
- *When there’s snow on the road, drive below the posted speed limit and leave plenty of room between cars.
- *Watch out for black ice: take your time when approaching intersections, off-ramps, bridges and shady areas, even if they look dry.
- *Be aware of limited visibility.
- *Give snowplows plenty of room to work. The plows are wide and sometimes cross the center line.
- *Only pass a plow if you absolutely must, and if you do, take extreme caution and be aware of the snow cloud it produces.

Cases of Interest our office is handling

The Jaws of Life saved a man from his wrecked vehicle, then EMS crews Life Flighted him to the closest hospital. He suffered major injuries, including a collapsed lung, multiple rib fractures and neck injuries. After being discharged prematurely because he does not have any health insurance he went to another hospital, where he was told he needed emergency surgery to repair a fractured clavicle the first hospital missed. He now suffers from a serious brain injury that is causing slurred speech and memory loss. Without health insurance he is limited in what care he can receive and is dependent on the help of others.

A crash in a funeral procession left one passenger of a vehicle with multiple fractures to her wrist. The care of an orthopedic surgeon is necessary to treat the injury.

A college athlete was injured in a car accident while traveling to a track meet. An injury to her knee required surgical repair and prevented her from competing in her final track season.



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Attorneys Charles Boyk, Michael Bruno and Nicholas Dodosh

The Boyk Bulletin

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Cases of Interest

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Traumatic Brain Injuries: Deceptively Dangerous

Just about everyone knows how a concussion occurs—someone gets hit on the head, they either pass out or get woozy, they endure some nasty headaches, but then they usually get better.

However, what most people don’t know is that concussions and traumatic brain injuries (TBIs) can often extend far beyond those simple symptoms, often with little or no warning. TBIs are “hidden injuries” that unfortunately have a tendency to go undiagnosed, in some cases until it is too late to do anything to help.

When actress Natasha Richardson passed away after a seemingly minor concussion in a 2009 skiing accident, the deceptive effects of TBI began to garner more attention. At first, Richardson seemed fine after she hit her head, because she was alert following the accident. However, within hours she was on life support and, sadly, passed away.

In our office, we see clients with head injuries fairly often. Here are a few examples of cases we’ve handled:

- A man was riding his bike when a UPS truck struck him, causing him to hit his head and suffer a brain injury. He had to undergo speech, memory and cognitive therapy, some of which lasted for four months.
- A woman was involved in a side-im-

pact vehicle accident in which she hit her head in the car. Although she did not think she lost consciousness, she could not remember the details of the accident. After the accident, she suffered headaches for a prolonged period of time.

- A man was crossing the street when a vehicle struck him. He suffered a traumatic brain injury and was put in a medically induced coma while he was in the intensive care unit of the hospital. He now suffers from severe memory loss and has trouble recalling things such as the date, his phone number, and address. He even struggles with remembering his own family members.

In short, if you hit your head and feel dizzy, confused or have a headache, it’s best to see a doctor immediately (see page 2 for a list of common TBI symptoms). While these injuries can often seem minor at first, you need to see a doctor to ensure you receive the treatment you really need.

Time is of the utmost importance when dealing with a potential TBI; as Dr. Stephan Mayer, head of the Neurocritical Care Unit at Columbia University Medical Center, stated, “Minutes matter.” The quicker a person gets their injury diagnosed, the better chance that person has of recovering and surviving.

TBI By The Numbers

- 28** Percentage of TBI cases caused by falls
- 20** Percentage of cases caused by auto accidents
- 1.4 million** Number of people who suffer brain injuries annually in the U.S.
- 1.1 million** Number of TBI patients treated in emergency rooms every year
- 50,000** Number of deaths attributed to traumatic brain injuries annually

Source: BrainAndSpinalCord.org

Common TBI Symptoms

If you are experiencing any of the following symptoms following a fall, car accident or other incident during which you hit your head, see a doctor immediately—you could be suffering from a traumatic brain injury.

- Loss of consciousness
- Dazed feeling
- Headache
- Confusion
- Lightheadedness
- Dizziness
- Blurred vision
- Tired eyes
- Ringing in the ears
- Bad taste in mouth
- Fatigue or lethargy
- Behavioral or mood changes
- Repeated vomiting or nausea
- Trouble with memory or concentration
- Changed sleeping patterns
- Convulsions or seizures
- Dilation of one or both pupils
- Slurred speech
- Weakness/numbness in extremities
- Loss of coordination
- Increased confusion
- Restlessness
- Agitation

Source: National Institute of Neurological Disorders & Stroke

What Our Clients Are Saying

"They were courteous and professional. They didn't promise anything they couldn't deliver."

—Toby R.

"As a result of the settlement I'm now financially secure and my mind is at ease."

—Sue W.

"I got more money than I ever thought I would—it allowed me to move my family to a safe environment."

—Erin M.

"Charles cared about what happened to us, not only as clients, but as people."

—Emilio R.

"The quality of service was just superb. I could not be happier or more impressed."

—Misty S.

"They continued to work on my case until I was completely satisfied. Mr. Bruno was the best man for the job."

—Tyler R.

A note to our readers: Charles E. Boyk Law Offices, LLC has created this newsletter for our clients, friends, and colleagues to provide general and practical information. It is not intended for legal advice and should not be viewed as a solicitation. We hope you find this publication to be a helpful and valuable addition to your mail. However, if at any time you wish to be removed from our mailing list or need to update your contact information, please contact Paige at 1.800.637.8170 or via e-mail at paten@charlesboyk-law.com.

The No Recovery, No Fee Promise: What It Means and Why We Do It

By Attorney Chuck Boyk

A common question asked by our potential clients is, "How do we pay you in a personal injury case?"

We handle our personal injury cases on a contingency basis. This means we have a "No Recovery, No Fee Promise." If we are successful in settling your claim we take one-third of the recovery (the settlement amount); if we are unsuccessful there is no fee.

We also advance any costs associated with the case, such as for medical records, expert witnesses and private investigators. The clients only reimburse us in the event of a successful result.

There are several advantages for our client with this promise:

1. The attorney takes the entire risk. If there is no recovery, the client pays nothing and the attorney takes care of the time and costs advanced.
2. The attorney puts his money where his mouth is. The attorney has the same interest as the client to maximize recovery.
3. All costs necessary to pursue our client's claim are advanced by the attorney. This includes fees for copies of records, expert witnesses, private investigators and medical reports.
4. The injured person can obtain excellent attorney representation to compete on an equal basis with the huge insurance companies and major corporations.
5. Advanced costs on a typical case may be less than \$500. However, more demanding cases can involve costs of \$5,000 to \$50,000. Many clients would be unable to afford the necessary expenses to prove their case and achieve full value.

The Boyk "No Recovery, No Fee Promise" allows our clients to compete on an equal level and provides peace of mind.

"The promise allowed me the time I needed to get a fair judgment," said Omar Bazy, one of many clients whose case was helped by the promise. "Without it my legal options would have been very limited."




Enter our **Viral Video scholarship contest** and you could win **\$10,000** for college!

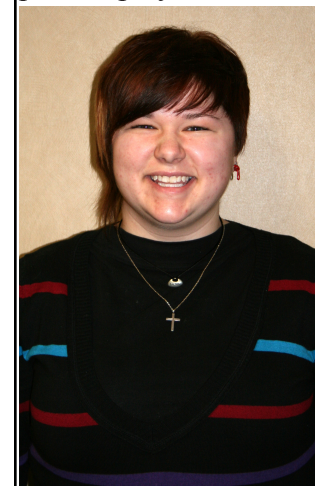
Visit our website for more information:
<http://www.charlesboyk-law.com/library/viral-video-scholarship-contest-northeast-region.cfm>

Employee Spotlight

Emmy Zawojski

Emmy Zawojski is not an easy person to pin down.

She is a combination of youth pastor, marketing assistant, receptionist and adventurer who just happens to play the violin, drums and ukulele.



Emmy Zawojski

She is also a vital part of the Charles E. Boyk Law Offices team.

Emmy graduated from Elim Bible College in Lima, New York with a degree in theology. She then returned to Toledo, her hometown, to be the youth pastor for Westside Community Church.

When she is not at the church, Emmy helps with a variety of tasks at the law firm. She answers the phones several days a week and also assists with marketing tasks. She writes blogs, shoots and edits video and is instrumental in coming up with fresh ways to market the firm.

Paige Aten, the marketing director, said Emmy is extremely creative and is also a huge help to her.

"She is always willing to lend a hand when I need help, and she always makes me smile and laugh," she said.

Emmy said the chance to help people is why she loves both of her jobs.

"I like helping things run smoothly and I like answering the phones and talking to people," she said. "And I really like to smile."

Dr. Nabil Ebraheim Reflects on His Defining Moment in Medicine

Dr. Nabil Ebraheim is a name you want to know if you ever find yourself or a loved one in need of an orthopaedic surgeon. That is because Dr. Ebraheim is one of the nation's leading and most respected doctors in the field of orthopaedics – and we are privileged to have him practice medicine right here in our own backyard.

Dr. Ebraheim has been Chairman of Orthopaedics at the University of Toledo Medical Center for over ten years and is also in charge of UT's orthopaedic master's program. He has prepared over 400 research papers, his works are regularly published in the most respected medical journals, and he has multiple procedures patented – one of which is a stem cell procedure. Many orthopaedic surgeons who find themselves handling complicated surgeries and trauma injury cases regularly turn to Dr. Ebraheim for help.



Dr. Nabil Ebraheim

To say that Dr. Ebraheim has had a successful career would be an understatement. However, when Dr. Ebraheim was asked about his greatest accomplishment in medicine, one special case came immediately to mind.

Dr. Ebraheim recently accompanied a rescue crew to the scene of a serious car accident. Someone had crashed into an electrical pole and was pinned underneath their wrecked vehicle.

The person desperately needed medical attention, but was extremely difficult to reach. All of the power in the area had gone out when the car struck the electrical pole, and there were live wires surrounding the car.

Despite the very real threat of danger, Dr. Ebraheim put on a headlamp and began to render medical care to the trapped victim, thus causing Dr. Ebraheim to sustain his own cuts and scrapes in the process.

"You don't think about your own life in those situations," he said.

Dr. Ebraheim quickly realized that the victim's leg was pinned in the wreckage and required amputation. Despite limited light and space, Dr. Ebraheim successfully amputated the leg and freed the patient.

"That was definitely a defining moment in my life," he said. "You just have to do the right thing and always do the best you can."

Thanks to Dr. Ebraheim, the patient lived—and with the help of a prosthetic limb he's walking (and driving) again.

Attorney Charles Boyk, who has worked on several cases with Dr. Ebraheim, says this is not an isolated incident.

"We work with him often and he has changed the lives of several of our clients," Boyk said. "He is a truly amazing doctor."

Sue Wittman, one of the patients to whom he is referring, agrees.

"I never would have walked again had it not been for Dr. Ebraheim," she said. "He gave me back the use of my leg."