New address or phone number? Help us stay current by letting us know! Call Paige at (419) 720-4452 or e-mail her at paten@charlesboyk-law.com.

Aunt Jane’s Easy Spinach & Artichoke Dip

**Ingredients**
- 1 (14 ounce) can artichoke hearts, drained and chopped
- 1 (10 ounce) package frozen chopped spinach, thawed and drained
- 1 cup mayonnaise
- 1 cup grated Parmesan cheese
- 2 1/2 cups shredded Monterey Jack cheese

**Directions**
1. Preheat oven to 350 degrees F. Lightly grease a 1 quart baking dish.
2. In a medium bowl, mix together 2 1/2 cups shredded Monterey Jack cheese, 1 cup mayonnaise, 1 cup grated Parmesan cheese, 2 1/2 cups shredded Monterey Jack cheese.

**Case of Interest**

**Our office is handling**

The Jaws of Life saved a man from his wrecked vehicle, then EMS crews Life Flighted him to the closest hospital. He suffered major injuries, including a collapsed lung, multiple rib fractures and neck injuries. After being discharged premature-ly because he does not have any health insurance he went to another hospital, where he was told he needed emergency surgery to repair a fractured clavicle the first hospital missed. He now suffers from a serious brain injury that is causing slurred speech and memory loss. Without health insurance he is limited in what care he can receive and is dependent on the help of others.

A crash in a funeral procession left one passenger of a vehicle with multiple fractures to her wrist. The care of an orthopedic surgeon is necessary to treat the injury.

A college athlete was injured in a car accident while traveling to a track meet. An injury to her knee required surgical repair and prevented her from competing in her final track season.

**ODOT Sends Reminder to Ohio Drivers: “Ice and Snow...Take it Slow”**

Winter has arrived, and ODOT is offering drivers a few tips about how to stay safe on the roads. Here are some of their suggestions:
- When there’s snow on the road, drive below the posted speed limit, especially on wet roads.
- Watch out for black ice: take your time on icy roads.
- Drive with your headlights on even on clear roads.
- Be aware of the road conditions, and avoid driving on roads that are known to be dangerous.
- Keep a safe distance from the car in front of you.
- Be patient and avoid tailgating.
- Keep your vehicle in good condition, and maintain it regularly.

**Rock the Vote**

Voting is your right and duty. Make sure to vote in the upcoming election and encourage others to do the same.

**TBI By The Numbers**

28 Percentage of TBI cases caused by falls
20 Percentage of cases caused by auto accidents
1.4 million Number of people who suffer brain inju-
ses annually in the U.S.
1.1 million Number of TBI patients treated in emer-
gency rooms every year
50,000 Number of deaths attributed to traumatic brain injuries annually

**Traumatic Brain Injuries: Deceptively Dangerous**

Just about everyone knows how a concussion occurs—someone gets hit on the head, they either pass out or get woozy, they endure some nasty headaches, but then they usually get better.

However, what most people don’t know is that concussions and traumatic brain injuries (TBIs) can often extend far beyond those simple symptoms, often with little or no warning. TBIs are “hidden injuries” that unfortunately have a tendency to go undiagnosed, in some cases until it is too late to do anything to help.

When actress Natasha Richardson passed away after a seemingly minor concussion in a 2009 skiing accident, the deceptive effects of TBI began to garner more attention. At first, Richardson seemed fine after she hit her head, because she was alert following the accident. However, within hours she was on life support and, sadly, passed away.

In our office, we see clients with head injuries fairly often. Here are a few examples of cases we’ve handled:

- A man was riding his bike when a UPS truck struck him, causing him to hit his head and suffer a brain injury. He had to undergo speech, memory and cognitive therapy, some of which lasted for four months.
- A woman was involved in a side-impact vehicle accident in which she hit her head in the car. Although she did not think she lost consciousness, she could not remember the details of the accident. After the accident, she suffered headaches for a prolonged period of time.

In short, if you hit your head and feel dizzy, confused or have a headache, it’s best to see a doctor immediately (see page 2 for a list of common TBI symptoms). While these injuries can often seem minor at first, you need to see a doctor to ensure you receive the treatment you really need.

Time is of the utmost importance when dealing with a potential TBI; as Dr. Stephen Mayer, head of the Neurocritical Care Unit at Columbia University Medical Center, stated, “Minutes matter.” The quicker a person gets their injury diagnosed, the better chance that person has of recovering and surviving. 
A solicitation. We hope you find this publication to be a helpful and valuable addition to your mail. However, if at any time you wish to be removed from our mailing list or need to update your contact information, please contact Paige.

Note to our readers:
During which you hit your head, see a doctor if you have any of the following symptoms following a fall, car accident or other incident:

- Loss of consciousness
- Dazed feeling
- Headache
- Confusion
- Lightheadedness
- Dizziness
- Blurred vision
- Tired eyes
- Ringing in the ears
- Bad taste in mouth
- Restlessness
- Agitation
- Loss of coordination
- Impaired vision
- Weakness/numbness in extremities
- Numbness
- Paralysis
- Seizures
- Convulsions or convulsions
- Slurred speech
- Loss of coordination
- Dilation of one or both pupils
- Weakness
- Fatigue or lethargy
- Tired eyes
- Blurred vision
- Lightheadedness
- Confusion
- Dazed feeling

If you are experiencing any of the following symptoms, see a doctor immediately:

- Nausea
- Vomiting or repeated vomiting
- Fatigue or lethargy
- Dizziness
- Loss of consciousness
- Dilation of one or both pupils
- Impaired vision
- Weakness
- Paralysis
- Seizures
- Convulsions
- Slurred speech
- Loss of coordination
- Impaired vision
- Weakness
- Fatigue or lethargy
- Tired eyes
- Blurred vision
- Lightheadedness
- Confusion
- Dazed feeling

Common TBI Symptoms

The Boyk Bulletin
Volume 6, Issue 8

Employee Spotlight

Emmy Zaworski

Dr. Nabil Ebraheim

Defining Moment in Medicine

Emmy Zaworski is not an easy person to pin down.

She is a combination of youth pastor, marketing assistant, receptionist and adventurer who just happens to play the violin, drums and ukulele.

She is also a vital part of the Charles E. Boyk Law Offices team.

Emmy graduated from Elm Bible College in Lima, New York with a degree in theology. She then returned to Toledo, her hometown, to be the youth pastor for Westside Community Church.

When she is not at the church, Emmy helps with a variety of tasks at the law firm. She answers the phones several days a week and also assists with marketing tasks. She writes blogs, shoots and edits video and is instrumental in coming up with fresh ways to market the firm.

Paige Aten, the marketing director, said Emmy is extremely creative and is also a huge help to her.

Dr. Nabil Ebraheim reflects on his defining moment in medicine.

Dr. Nabil Ebraheim is a name you want to know if you ever find yourself or a loved one in need of an orthopaedic surgeon. That is because Dr. Ebraheim is one of the nation’s leading and most respected doctors in the field of orthopaedics—and we are privileged to have him practice medicine right here in our own backyard.

Dr. Ebraheim has been Chair of Orthopaedics at the University of Toledo Medical Center for over ten years and is also in charge of UT’s orthopaedic master’s program. He has prepared over 400 research papers, his works are regularly published in the most respected medical journals, and he has multiple procedures patented—one of which is a stem cell surgery.

Many orthopaedic surgeons who find themselves handling complicated surgeries and trauma injury cases regularly turn to Dr. Ebraheim for help.

To say that Dr. Ebraheim has had a successful career would be an understatement. However, when Dr. Ebraheim was asked about his greatest accomplishment in medicine, one special case came immediately to mind.

Dr. Ebraheim recently accompanied a rescue crew to the scene of a serious car accident. Someone had crashed into an electrical pole and was pinned underneath their wrecked vehicle.

The person desperately needed medical attention, but was extremely difficult to reach. All of the power in the area had gone out when the car struck the electrical pole, and there were live wires surrounding the car.

Despite the very real threat of danger, Dr. Ebraheim put on a headlamp and began to render medical care to the trapped victim, thus causing Dr. Ebraheim to sustain his own cuts and scrapes in the process.

“You don’t think about your own life in those situations,” he said.

Dr. Ebraheim quickly realized that the victim’s leg was pinned in the wreckage and required amputation. Despite limited light and space, Dr. Ebraheim successfully amputated the leg and freed the patient.

“That was definitely a defining moment in my life,” he said.

“You just have to do the right thing and always do the best you can.”

Thanks to Dr. Ebraheim, the patient lived—and with the help of a prosthetic limb he’s walking (and driving) again.

Attorney Charles Boyk, who has worked on several cases with Dr. Ebraheim, says this is not an isolated incident.

“We work with him often and he has changed the lives of several of our clients,” Boyk said. “He is a truly amazing doctor.”

Sue Wittman, one of the patients to whom he is referring, says this is not an isolated incident.

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