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ATTORNEYS

Charles Boyk, Michael Bruno & Nicholas Dodosh

CHARLES E. BOYK LAW OFFICES NAMES THE JOSH PROJECT AS GOOD NEWS, GOOD PEOPLE WINNER

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The Josh Project was recently chosen as the latest winner in the "Good News, Good People" Contest. Good News, Good People is a year-long program, sponsored by Charles E. Boyk Law Offices, that honors ordinary citizens who make a positive impact in their community.

The Josh Project was chosen because of their work in our local community, providing affordable swimming lessons and water safety training to children and their families.

The Josh Project is a charitable organization that has been serving the area for more than five years. Wanda Butts and her daughter, Tankeeya, started The Josh Project in January of 2007 after Wanda's son drowned in a lake while playing with friends in August of 2006.

Wanda and Tankeeya turned this tragic accident into something great. They believe that swimming is an important life skill. They also believe that the application of water safety is essential to saving lives. Wanda, Tankeeya and Tankeeya's children were the first students of The Josh Project, and

they have been giving lessons ever since!

Wanda was also recognized as a CNN Hero this past month. CNN reports that "According to USA Swimming, 70% of African-American children cannot swim, compared with nearly 60% for Hispanic children and 42% for white children. According to the Centers for Disease Control and Prevention, African-American children between the ages of 5 and 14 are three times more likely to drown than white children in the same age range."

The Josh Project is partners with the local Make A Splash, USA Swimming and the Greater Toledo Aquatic Club. They are also a recipient of the National Water Safety Congress & Letter of Commendation. "Toledo is a great city! We have been supported by our community form the very beginning," said Tankeeya Butts.

Their mission is to build basic swimming skills and develop the knowledge of water safety to save lives. The Josh Project has had over 800 participants since 2007 and continues to have people sign up for sessions every day. Each participant is provided with

four free half-hour lessons per session. There is a \$10 registration fee, but the lessons are free!

is a fantastic example of local

"The Josh Project is a fantastic example of local people taking a horrible tragedy and remembering their loved one in the best way possible --- helping prevent future tragedies," said Charles E. Boyk.

Our firm was happy to recognize The Josh Project for all of its work to help children and their families learn how to swim. If you would like to donate to The Josh Project, you can visit their website at http://www.joshproject.org/welcome.html for more information. You can also find The Josh Project on Facebook and Twitter!

WHAT WOULD YOU DO? By: Charles Boyk



Have you ever thought about what you would do if you were out to dinner, at the gym, or out on the street walking back to your office when you see someone fall down and grab their chest? Would you go over and try and help, or would you just keep on walking?

Every morning I head to the gym before going to the office. I was in the locker room when I saw a man sitting there on the bench, half bent over, and breathing pretty heavy. This wasn't your typical heavy breathing after a good run or work out, this was different.

He said he was having a heart attack. I didn't know what to do other than to call 911. Thankfully, a paramedic happened to be standing next to him. What if you were out on the street and saw something happen, would you know what to do?

We asked Dr. Jack Siebenaler of Oregon Urgent Care what is the best thing to do if you see someone having a heart attack. Here is what he had to say:

- First... have someone call 911. Do not leave the person alone. Have another person call 911. The operator may ask for symptoms of the patient, (i.e. pulse, sweating, alertness, breathing hard/shallow).
- Keep the person comfortable and lie them down on the floor. It's safe and sturdy for the emergency team to care for a patient.
- Administer CPR, if there is someone available that is properly trained.
- Give the person a baby aspirin, if he/she is alert enough to chew it and not choke.

We also wanted to provide you with information on some of the symptoms of a heart attack and what to do to lessen the damage to your heart.

The following information was provided by WebMD. Symptoms of a heart attack can include:

- Discomfort, pressure, heaviness, or pain in the chest, arm, or below the breastbone.
- Discomfort radiating to the back, jaw, throat, or arm.
- Fullness, indigestion, or choking feeling (may feel like heartburn).
- Sweating, nausea, vomiting, or dizziness.
- Extreme weakness, anxiety, or shortness of breath.
- Rapid or irregular heartbeats.



During a heart attack, symptoms typically last 30 minutes or longer and are not relieved by rest or oral medications. Initial symptoms may start as a mild discomfort that progress to significant pain. If you think you are having a heart attack, DO NOT DELAY. Call for emergency help (dial 911). Immediate treatment of a heart attack is very important to lessen the amount of damage to your heart.

BOYK'S MAY TOP 10

- We signed up 46 new cases.
- We are going to start a new contest: Chuck's Challenge – Be on the lookout in the coming months for more information!



- The office manager's son, Alan, graduated from Maumee High School on May 26, 2012. He is headed to Finger Lakes College in New York, where he will be playing baseball.
- No, Chuck did not take a vacation to the Philippines His e-mail just got hacked!



- The marketing department hired a summer intern! Abby will be helping with the various marketing tasks which include updating the social media sites such as Facebook and Twitter, writing blogs and putting together marketing packets. Welcome, Abby!
- Marketing Director Ashley and Attorney Nicholas Dodosh joined EPIC – Engaging People, Inspiring Change – where they hope to spread the word about the law firm and keep the city informed!
- Emily Boyk, a sophomore at Maumee Valley Country Day School, received an honorable mention award for the Toledo Area Girls Lacrosse League for the 2012 season. Congratulations Emily!
- We would like to congratulate Sally Habusta, a legal assistant at the Charles E. Boyk Law Offices, LLC on graduating with her Bachelors of Arts in Psychology from the University of Toledo. Congratulations Sally!
- Mr. Bruno is still preparing for his son's weddings this summer, by taking the stairs up to our office every day. Mr. Bruno originally gave up the elevator for lent, but then decided to continue taking the stairs after lent was over.
- We now have over 200 followers on Twitter! Think we can make it to over 300 by the end of July?! Help us do so by following the Charles E. Boyk Law Offices on Twitter!

RECIPE

RUTHANN'S CHICKEN RING

"This is one of my favorite meals my mom makes! It can also be cut in smaller pieces and used for an appetizer!" said Ashley Henninger, Marketing Director.

SET OVEN ĂT 375 DEGREES 12" PIZZA PAN OR USE A STONE BAKE FOR 20 -25 MINUTES.

Check at 15 minutes

DIRECTIONS:

Layer crescent dough to form circle, wide ends to middle – narrow points will hang over edge of pan. Combine all ingredients except tomato and save about ¼ cup Swiss. Spoon on to ring and fold points to center. Place half tomato slices between rolls in the open spaces. Bake and sprinkle with remaining ¼ cup of cheese after removing from oven. Enjoy!

INGREDIENTS:

- 1 cup mayo
- 2 TBL deli mustard
- 2 TBL parsley flakes
- 1 TBL instant minced onion
- 5 TBL Bacon bits
- 2 pkgs. Crescent rolls
- 1 10 oz can of chicken
- 1 cup shredded Swiss cheese
- 1 medium tomato





WHERE'S CHUCK?

Some of you may know about our contest on Facebook – Where's Cardboard Chuck? – We invite you all to participate in not only the Facebook contest (must send Chuck a friend request if you are not

already his friend) but our newsletter contest as well. A smaller version of this photo is somewhere within the newsletter. The first person to e-mail (marketing@charlesboyk-law.com) or call (419-241-1395) Ashley and tell her where cardboard Chuck is on the newsletter will win Mud Hens tickets!

WINNER OF MAY NL WORD SEARCH

The winner of the May Newsletter Word Search is Linda W! Congratulations and thank you for playing! Linda won 4 Toledo Mud Hens Tickets and a Charles E. Boyk Auto Accident Kit!



LUPE'S CLEANING — RESIDENTIAL & COMMERCIAL

Some of you may remember Lupe Ramos – Love For Lupe - but for those of you who don't, here is a little recap of Lupe and what she is up to now!

Guadalupe (Lupe) Ramos's life was turned upside down in a span of one month back in 2009. Just a few weeks after her brother and son died in a car accident, Lupe lost her house to a fire in Toledo. Many people who heard about her story wanted to help her. With the help of 92.5 KISS FM, a Toledo radio station, and the Charles E. Boyk Law Offices, Lupe was able to get a new house!

With the help of many volunteers, only four months after losing her home, she was able

to move into a new home for her and her two other children. Lupe has been working hard for the past two years cleaning for local businesses.



Lupe has decided to start her own cleaning business. Lupe's Cleaning – Residential & Commercial. You can contact Lupe by e-mailing her at glupecleaning@gmail.com or call her at 567-694-4119. Also check out her Facebook Page – Guadalupe Ramos.

PUBLIC SERVICE ANNOUNCEMENT:

Do you love reading our newsletter? Odds are your friends and family will too! It's free, fun

and a great way to stay informed! Call 419-241-1395 or e-mail Ashley at marketing@charles-boyk-law.com to enter your friends and family members into our regular newsletter mailing list, e-newsletter list or both!



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THANK YOU TO NEW CLIENTS

Welcome! We would like to welcome our new clients this past month. We sincerely appreciate the confidence you have placed in us. Visit us on the web at

www.charlesboyk-law.com.

FIND US!

Don't forget to check us out on Facebook and Twitter. "Like" our page or follow us to get daily updates, read up on our most recent blogs, and watch new videos!

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CASES OF INTEREST: JUNE 2012

GIRL TEXTING & DRIVING CAUSES ACCIDENT

Our client was on his way home when a girl, who was texting and driving, ran a clearly marked stop sign and t-boned our client. The impact was so hard it caused our client's truck to roll over once. Thankfully our client was wearing a seatbelt at the time of the accident, and the truck landed on its wheels. He was treated for pain in his chest and shoulder. The injuries to his shoulder included impingement, tendonitis and bursitis.

HEAD-ON COLLISION BLAMED ON GLARE

Our client was turning onto Main Street in Toledo, when another driver drove through the red light causing her to hit our client head on. The driver who hit our client said the glare off of another vehicle caused her to not see the light turn red. He was then treated for injuries to his neck, back and shoulder. Surgery was required to fix our clients shoulder, and he is now going through intense physical therapy. Our client may still need another surgery.

New address or phone number? Help us stay current by letting us know!
Call Ashley at (419) 241-1395 or e-mail her at marketing@charlesboyk-law.com

DRIVER & PASSENGER THROWN FROM 2012 MOTORCYCLE DUE TO IMPACT OF CRASH

PRSRT STD US POSTAGE PAID

PERMIT #179 TOLEDO. OH

Our clients were riding along on a 2012 Harley Davidson motorcycle when a car that was attempting to make a left hand turn failed to yield and struck our clients. The impact caused both clients to be thrown from the motorcycle and they were taken by EMS to St. Vincent's hospital in Toledo. One client suffered a shattered knee cap, a fractured right leg, and a broken toe. She will need extensive rehabilitation. The other client suffered a broken femur and tibia. He has already had three surgeries and will also need extensive rehabilitation.

