Friendly Service, Fresh Flavors Behind Success of Kengo Sushi & Yakitori

There is a hidden gem on South St. Clair Street in downtown Toledo where sushi lovers and patrons are immediately greeted (usually by name if you have been there at least once before) by head chef and owner, Kengo Kato. His head pops up from behind the sushi counter and he smiles under his signature Japanese bandana as servers bring edamame and hot tea as a warm welcome. But even as Kengo makes small talk, his hands never stop moving while he creates raw fish and put it over rice with tasty bites from fish that swam in the ocean less than 48 hours before. The menu changes daily, based on the fish recommendations by trying to learn about the person as a person – not just as a customer. The overall attitude is one of humble gratitude and service to others.  

When we mentioned his 5-star review from the Toledo Blade, Kengo summed up his life in one simple sentence: “I just love raw fish and put it over rice with a whole lot of love and support.” After growing up in his family’s New York City restaurant, Yamashiro, Kengo traveled the country, learning his trade while working at multiple locations around the city. Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ.  

Kengo Kato

Volunteers and Partners for Clean Streams Day

September 19th - Clean Your Streams Day

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, contact Ann at Partners for Clean Streams by calling 419-874-0727, emailing her at Ann@PartnersforCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.

September 26th at 9am

3rd Annual Jacob Zeller Memorial Golf Scramble at Sleepy Hollow Golf Course in Clyde will give golfers the chance to be a part of an event that benefits Partners for Clean Streams. The Kato family stands in front of Kengo’s restaurant. Left to right: Isao, Chizu, Shingo, Amanda, and Kengo Kato.

There is a hidden gem on South St. Clair Street in downtown Toledo where sushi lovers and patrons are immediately greeted (usually by name if you have been there at least once before) by head chef and owner, Kengo Kato. His head pops up from behind the sushi counter and he smiles under his signature Japanese bandana as servers bring edamame and hot tea as a warm welcome. But even as Kengo makes small talk, his hands never stop moving while he creates raw fish and put it over rice with tasty bites from fish that swam in the ocean less than 48 hours before. The menu changes daily, based on the fish recommendations by trying to learn about the person as a person – not just as a customer. The overall attitude is one of humble gratitude and service to others.  

When we mentioned his 5-star review from the Toledo Blade, Kengo summed up his life in one simple sentence: “I just love raw fish and put it over rice with a whole lot of love and support.” After growing up in his family’s New York City restaurant, Yamashiro, Kengo traveled the country, learning his trade while working at multiple locations around the city. Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ.

Kengo Kato

Volunteers and Partners for Clean Streams Day

September 19th - Clean Your Streams Day

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, contact Ann at Partners for Clean Streams by calling 419-874-0727, emailing her at Ann@PartnersforCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.
Bikes For Kids Winners Teach Others The Importance Of Caring For Family Members

Victoria and Damien Fullwood were the only other people home when their father, Darryl, suffered a stroke in an upstairs room in 2012. Damien, only five years old at the time, ran downstairs for help the moment he saw his father on the floor, to tell his sister Victoria, to leave his dad’s side and both kids clean the house and look after their dad so mom can run errands.

Later that evening, Victoria and Kassidy Fullwood received the news that they were Week #2’s winners.

For these reasons, their aunt, Angela Schutt, was named the full-time caretaker not long after his stroke. Victoria and Damien Fullwood were the only people home when their father, Darryl, suffered a stroke in an upstairs room in 2012. Damien, only five years old at the time, ran downstairs for help the moment he saw his father on the floor, to tell his sister Victoria, to leave his dad’s side and both kids clean the house and look after their dad so mom can run errands.

Kassidy Fowler, 10, is another bike recipient who has mastered an lesson that takes some people years to understand: differences should be celebrated.

Her mother babysits for a family member named Anna who has Down Syndrome and Kassidy is Anna’s biggest fan. She is a neighborhood leader when it comes to teaching others to accept Anna and her special needs by showing them that Anna is no different than anyone else. This is in addition to Kassidy being a huge help at home taking care of her sisters and her companion in the classroom.

Kassidy’s grandmother, Nancy Ashot, wanted to recognize her great work by nominating her for Bikes for Kids, and Kassidy was selected as Week #3’s winner.

“My Granddaughter is a blessing to all that meet her,” Nancy wrote in her nomination. “She has twins sisters who are 3 years old, and she is always helping her mom out with their things. And she doesn’t complain about it! She is an excellent student and the teachers just love her.

“Despite their family problems, both children have excelled in their schooling and have become a big help at home,” Angela said. “Victoria kept up with her studies and brought her grades up to earn a full scholarship to Notre Dame Academy. Damien doesn’t leave his dad’s side and both kids clean the house and look after their dad so mom can run errands.”

Kassidy is a very compassionate girl who helps her classmates out no matter what. And she always makes Anna smile.”

Nancy and Kassidy were also featured on NBC 24’s Better Living show and the whole family showed up to celebrate Kassidy’s big win.

If you know of a child who demonstrates the same love and compassion for their family members, nominate them to receive a brand new bicycle, helmet, and lock by visiting www.BlackKidToledo.com.

RECIPE: The Better Than Chipotle Bowl

Do you love Chipotle’s Burrito Bowl? So do we! Check out this healthy, easy version that you can make at home.

INGREDIENTS:
- 2 breasts of grilled chicken
- 1 onion, chopped
- 1 garlic clove, chopped
- 1 tbsp. lime zest
- 1 tsp. lime juice
- ½ cup salt
- 1 cup orange, red, yellow bell peppers, chopped
- 2 cups cilantro
- 1 cup rice
- 1 jalapeno, chopped (deseeded)
- 1 cup frozen corn
- 1 cup chopped cilantro
- 1 tbsp. olive oil

INSTRUCTIONS:
In large bowl combine all ingredients and stir well. Allow flavors to marinate for about 2 hours then serve. (Yields about 5 servings)

CASES OF INTEREST: AUGUST 2015

Ribs Fractures, Traumatic Brain Injury The Result Of A Rear-End Car Accident

A woman sustained a crash in the hospital, two weeks of in-patient rehabilitation and will need a home health aide after being rear-ended by an SUV at a stop light. She was unconscious while being transported to the hospital, where she was rushed for a traumatic brain injury and multiple rib fractures, and she is still unable to drive nearly a month after the wreck.

Motorcycle Accident Leaves Man With Multiple Broken Bones

Our client, who drives for a living, was proud of his perfect driving record over nearly half a million miles when he was thrown from his motorcycle when another car did not see him. He was transported by ambulance to the hospital where he had surgery to repair a fractured arm and to nail over two weeks because of two fractured vertebrae and a partially collapsed lung. He will now have difficulty doing the things he enjoyed before the accident, like coaching sports, fishing, and bowling.

Nurse Suffers Traumatic Brain Injury, Back Injury At Hospital While Responding To An Emergency

After tripping on a cord for a crash cart while responding to a code blue emergency, our client suffered a traumatic brain injury and severe neck injury. She underwent a fusion surgery on her neck involving the placement of a plate and screws. CT scans revealed a traumatic brain injury, which caused her to have a seizure and suffer a ‘burned out’ short term memory loss. Our client, who is a nurse at a local hospital, is still battling the effects of the head injury, including impaired vision.

Young Mothers Drown In Debt After School Fails To Keep Promise

Erin Black was 20-years-old and working 40-hours a week as a server when she earned full-ride to University of Northwestern Ohio (UNOH) in Lima to give a better life to her 2-year-old. She gave birth to her second child while in school, took a short, 3-day maternity leave; and went back to school.

Heather Austin, 21, worked second shift at a gas station to make ends meet for her 6-month-old son, and recently graduated with a degree from UNOH after juggling full-time classes, pregnancy, and work.

But instead of moving up the career ladder, Erin, Heather, and many other women who earned a Health Information Technology degree from UNOH are stuck in a dead-end job as Registered Health Information Technicians since the school failed to provide their students with the necessary accreditation required for them to take the National Certification Exam.

Now the women have worthless degrees, have wasted years of their lives, have significant student loan debt with no way to repay.

For many of the women who were young mothers and working while in school as part of UNOH’s Academic for a Better Future for My Kids scholarship program, the school failed to take the Certification Exam and get hired, but the women were told week after month that the necessary accreditations were post-poned.

“UNOH keeps getting our hopes up that they will be accredited and they keep disappointing us,” Heather said. “I worked so hard and I can’t get a job at the places that want me. I worked so hard and I can’t get a job at the places that want me.”

A lawsuit was filed on behalf of the women in the Allen County Court of Common Pleas against the University of Northwestern Ohio (UNOH) after the school failed to advertise to them that a UNOH degree in Health Information Technology would help them earn upwards of $42,000 annually.

Attorney Chuck Boyk, who represents the women in the suit, pointed out that the true-life situation UNOH has created for its students is even worse than America’s student loan crisis, where graduates are having problems repaying school debt even with good-paying jobs.

“UNOH stuck these women in an impossible cycle of debt,” Mr. Boyk said. “These hardworking moms missed out on pivotal moments in their kids’ lives that they can never get back, all for the sake of a degree that is worthless and costing them thousands of dollars. The school should be ashamed of themselves for taking advantage of women who are simply trying to better themselves.”

If you or someone you know attended UNOH and would like additional information on the lawsuit or how to join it, contact our office at 419-241-1395 or email cboyk@charlesboyk-law.com.
**Bikes For Kids Winners Teach Others The Importance Of Caring For Family Members**

Victoria and Damien Fullwood were the only other people home when their father, Darryl, suffered a stroke in an upstairs room in 2012. Damien, only five years old at the time, ran downstairs to help the moment he saw his father on the floor. He had just learned how to ride a bike, he thought. As his first big help at home, Angela Schutt said, "Victoria kept up with her studies and brought her grades up to earn a full scholarship to Namee Dame Academy. Damien doesn't leave his dad's side and both kids clean the house and look after their dad so mom can run errands."

"Until their father, who drives for a living, was proud of his perfect driving record over nearly half a million miles when he was thrown from his motorcycle when another car did not see him. He was transported by ambulance to the hospital where he had surgery to repair a fractured arm and had to stay for over two weeks because of two fractured vertebrae and a partially collapsed lung. He will now be difficulty doing the things he enjoyed before the accident, like coaching sports, fishing, and bowling."

**RECIPE:** The Better Than Chipotle Bowl

**Do you love Chipotle’s Barrito Bowl? So do we! Check out this healthy, easy version that you can make at home.**

**INGREDIENTS:**
- 2 breasts of grilled chicken
- 1 cup roughly chopped cilantro
- 1 tbsp. lime zest
- 1 garlic clove, chopped
- 1 onion, chopped
- 2 Roma tomatoes, chopped
- 1 cup orange, red, yellow bell peppers, chopped
- 1 jalapeno, chopped (if desired)
- ½ cup roughly chopped cabbage
- 2 tsp. Olive oil

**INSTRUCTIONS:** In large bowl combine all ingredients and stir well. Allow flavors to marinate for about 2 hours then serve. (Yield: about 5 servings)

---

**CASES OF INTEREST: AUGUST 2015**

**Rip Fractures, Traumatic Brain Injury The Result Of A Rear-End Car Accident**

A woman traveled a week in the hospital, two weeks of in-patient rehabilitation and will need a home health aide after being rear-ended by an SUV at a stop light. She was unconscious while being transported to the hospital, where she was rushed for a traumatic brain injury and multiple rib fractures, and she is still unable to drive nearly a month after the wreck.

**Motorcycle Accident Leaves Man With Multiple Broken Bones**

Our client, who drives a bus for a living, was proud of his perfect driving record over nearly half a million miles when he was thrown from his motorcycle when another car did not see him. Happy was protecting himself in a home plate hat. The CTA scan revealed a traumatic brain injury, which caused him to lose his hearing and short-term memory loss. Our client, who is a nurse at a local hospital, is still battling the effects of the head injury, including impaired vision.

**Nurse Suffers Traumatic Brain Injury, Back Injury At Hospital While Responding To An Emergency**

After tripping on the road for a crash car while responding to a code blue emergency, our client suffered a traumatic brain injury and severe neck injury. She underwent a fusion surgery on her neck involving the placement of a plate and screws. CT scans revealed a traumatic brain injury, which caused her to lose her hearing and short-term memory loss. Our client, who is a nurse at a local hospital, is still battling the effects of the head injury, including impaired vision.

**Young Mothers Drown In Debt After School Fails To Keep Promise**

Erin Black was 20-years-old and working 40+ hours a week as a server when she started full-time at University of Northwestern Ohio (UNOH) in Lima to give a better life to her 2-year-old. She gave birth to her second child while in school, took a short, 3-day maternity leave; and went back to work.

"UNOH kept getting our hopes up that they will be accredited and they keep disappointing us," Heather said. "I worked so hard and cut the things I want to do for my son and myself because I can’t get a job at the places that want me."

A lawyer was hired on behalf of the women in the Allen County Court of Common Pleas against the University of Northwestern Ohio (UNOH) after the school falsely advertised to them that a UNOH degree that is worthless and costing them thousands of dollars. The school should be ashamed of themselves for taking advantage of women who are simply trying to better themselves."

If you or someone you know attended UNOH and would like additional information on the lawsuit or how to join it, contact our office at 419-241-1395 or email cboyk@charlesboyk-law.com.
Open it! Read it! Share it!

WHAT IS ALLEXA BROWN MEMORIAL 5K RUN/WALK AND MARKET?

Alexa Brown, a 13-year-old student at Clyde High School, lost her battle with cancer when she was 11-years-old.

While celebrating the life of Alexa Brown, who lost her battle with cancer when she was 11-years-old, the DowntownClyde community gathered for the Alexa Brown Memorial 5K run/walk and Market on September 19th at 8:45am at the campus of Lourdes University, where a cancer awareness gathering. The Downtown Clyde community gathered for this event on September 19th at 8:45am.

THE 5K RUN/WALK

The Alexa Brown Memorial 5K run/walk and Market is open to the community and will help raise funds for the Alexa Brown Memorial Scholarship Fund.

THE MARKET

The Alexa Brown Memorial Market will feature local vendors, food trucks, live music, and activities for all ages.

GET INVOLVED

Visit www.amandakurt.com or call 419-241-8731 for more information.

For more information or to participate, visit www.alexabrownmemorial.org or call 419-379-8744.

In This Issue

- What is the newest must-try restaurant in downtown Toledo?
- Does your child qualify for a brand new bicycle?
- Which Ohio college has graduates who can’t find work?
- What could be better than Chipotle?
- Want to help Boyk Law give back?

Join Us! Help Boyk Law Give Back

Mark your calendar for these great events and join our office in giving back to the community.

August 14th at 6pm

Mayfield Freedom Walk to educate the community on sex trafficking in our area. The free event will start at The Lathrop House, Harris Park Community Center, 5500 Main St. in Sylvania and end at the Franciscan Center on the campus of Lourdes University where a documentary on the sex trade will be shown at 7:30pm.

For more information on this free event, visit www.mayfieldfreedomproject.org.

September 19th at 8:45am

The Alexa Brown Memorial 5K run/walk and Market will be held in downtown Clyde, Ohio as participants pound downtown Clyde, Ohio as participants pound the pavement and raise money for cancer research while celebrating the life of Alexa Brown, who lost her battle with cancer when she was 11-years-old.

September 19th - Clean Your Streams Day

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, contact Acer at Partners for Clean Streams by calling 419-874-0727, emailing her at Arial@PartnersforCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.

September 26th at 9am

3rd Annual Jacob Zeller Memorial Golf Scramble at Sleepy Hollow Golf Course in Clyde will give golfers the chance to bid on awesome silent auction prizes, have a great lunch, and honor a young man whose life was cut short by brain cancer. For more information or to register, call 419-547-0770 or visit facebook.com/teamsamkiller.

Kengo Kato

There is a hidden gem on South Clair Street in downtown Toledo where sushi-lovers and non-sushi-lovers alike can go for the perfect combination of old-world Japanese flavor, contemporary taste pairings, and hometown Toledo warmth and hospitality.

Walking through the doors into the bright, intimate restaurant, patrons are immediately greeted (usually by name if you have been there at least once before) by head chef and owner, Kengo Kato. His head pops up from behind the sushi counter and he smiles under his signature Japanese bandana as servers bring edamame and hot tea as a warm welcome. But even as Kengo makes small talk, his hands never stop moving while he creates tasty bites from fish that swam in the ocean less than 48 hours before.

The menu changes daily, based on the fish selections that Kengo secures multiple times a week, which ensure that every offering – from the spicy tuna roll to the Bluefin Chutoro – is as fresh as possible. For those who are looking for cooked options, Kengo offers Yakitori. Japanese for “skewered food,” the daily Yakitori selections are based on the best local produce and means he can find each work. Favorites include skewers of grilled corn, bacon-wrapped asparagus, shiitake mushrooms, potbelly, and chicken meatballs, all beautifully presented on sticks with soy and spice rub for dipping.

But perhaps the most significant undertones of the 25-seat restaurant are not the precision of the food preparation or the effort that is put in to using fresh ingredients, but rather in the atmosphere. There are very few places in Toledo that transport the diner to another country while still making them feel like they are at a family gathering. When the bartenders offer a Toledo-boosted beer or Japanese sake, they make their recommendations by trying to learn about the patron as a person – not just as a customer. The overall attitude is one of humble gratitude and service to others.

When we mentioned his 5-star review from the Toledo Blade, Kengo summed up his role in service to others.

“We love Kengo’s atmosphere and unique menu,” Attorney Leah Michael said. “It’s great to have a sushi place downtown, Kengo is a must-try!”

Kengo Sushi & Yakitori is located at 38 South St. Clair St. and is open from 5pm to 10pm Tuesday through Saturday. To check out the daily menu, visit www.kengotoledo.com or call 419-214-0574.

Volunteering at the Alexa Brown Memorial 5K run/walk and Market is open to the community and will help raise funds for the Alexa Brown Memorial Scholarship Fund.

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, visit Ace’s Partners for Clean Streams by calling 419-874-0727, emailing her at Arial@PartnersforCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.

Volunteering at the Alexa Brown Memorial 5K run/walk and Market is open to the community and will help raise funds for the Alexa Brown Memorial Scholarship Fund.

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, visit Ace’s Partners for Clean Streams by calling 419-874-0727, emailing her at Arial@PartnersforCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.

Volunteering at the Alexa Brown Memorial 5K run/walk and Market is open to the community and will help raise funds for the Alexa Brown Memorial Scholarship Fund.

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, visit Ace’s Partners for Clean Streams by calling 419-874-0727, emailing her at Arial@PartnersforCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.

Volunteering at the Alexa Brown Memorial 5K run/walk and Market is open to the community and will help raise funds for the Alexa Brown Memorial Scholarship Fund.

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, visit Ace’s Partners for Clean Streams by calling 419-874-0727, emailing her at Arial@PartnersforCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.