

Friendly Service, Fresh Flavors Behind Success of Kengo Sushi & Yakitori



There is a hidden gem on South St. Clair Street in downtown Toledo where sushi-lovers and non-sushi-lovers alike can go for the perfect combination of old-world Japanese flavor, contemporary taste pairings, and hometown Toledo warmth and hospitality.

Walking through the doors into the bright, intimate restaurant, patrons are immediately greeted (usually by name if you have been there at least once before) by head chef and owner, Kengo Kato. His head pops up from behind the sushi counter and he smiles under his signature Japanese bandana as servers bring edamame and hot tea as a warm welcome. But even as Kengo makes small talk, his hands never stop moving while he creates tasty bites from fish that swam in the ocean less than 48 hours before.

The menu changes daily, based on the fish selections that Kengo secures multiple times a week, which ensures that every offering - from the spicy tuna roll to the Bluefin Chutoro – is as fresh as possible. For those who are looking for cooked options, Kengo offers Yakitori. Japanese for "skewered food," the daily Yakitori selections are based on the best local produce and meats he can find each week. Favorites include skewers of grilled corn, bacon-wrapped asparagus, shiitake mushrooms, porkbelly, and chicken meatballs, all beautifully presented on sticks with soy and spice rub for dipping.

But perhaps the most significant undertones of the 23-seat restaurant are not the precision of the food presentation or the effort that is put in to using fresh ingredients, but rather in the atmosphere. There are very few places in Toledo that transport the diner to another country while still making them feel like they are at a family gathering. When the bartenders offer a Toledobrewed beer or Japanese sake, they make their recommendations by trying to learn about the patron as a person – not just as a customer. The overall attitude is one of humble gratitude and service to others.

When we mentioned his 5-star review from the Toledo Blade. Kengo summed up his role in one simple sentence: "I just slice raw fish and put it over rice with a whole lot of love and support."

After growing up in his family's New York City restaurant, Yamashiro, Kengo traveled the country, lending his expertise to other proprietors

trying to get their places off the ground. When he arrived in Toledo in 2007 to help open and work as Executive Sushi Chef at Sakura Japanese Steakhouse on Monroe Street, Kengo developed a near-cult following for his creations and kindness. He couldn't ignore the admiration of local foodies like Josh Wagy who had become like family to him, and with Josh's help, Kengo fulfilled his dream of opening his own restaurant in March 2015 (after a heavy dose of convincing to name it after himself).

Boyk Law client Amanda Kurt (who recently became Kengo's wife) had tipped us off to Toledo's best-kept secret shortly after it opened and it has since become an office favorite.

"I love Kengo's atmosphere and unique menu," Attorney Leah Michael said. "It's great to have a sushi place downtown; Kengo is a must-try!"

Kengo Sushi & Yakitori is located at 38 South St. Clair St. and is open from 5pm to 10pm Tuesday through Saturday. To check out the daily menu, visit www.kengotoledo.com or call 419-214-0574.



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ATTORNEYS

Charles Boyk, Michael Bruno, Wesley Merillat, & Leah Michael

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Bikes For Kids Winners Teach Others The Importance Of Caring For Family Members



"Despite their family problems, both children have excelled in their schooling and have become a big help at home," Angela said. "Victoria kept up with her studies and brought her grades up to earn a full scholarship to Notre Dame Academy. Damien doesn't leave his dad's side and both kids clean the house and look after their dad so mom can run errands."

Victoria and Damien Fullwood were the only other people home when their father, Darryl, suffered a stroke in an upstairs room in 2012. Damien, only five years old at the time, ran downstairs for help the moment he saw his father on the floor, to tell his sister Victoria, then 12, to call 911. Their immediate actions to help get their father to the hospital could have quite possibly saved his life.

Life has been tough for the whole family since the incident. Since Mr. Fullwood has difficulties speaking, eating, and walking without assistance, their mother, Vicki Fullwood, had to quit work to become Darryl's full-time caretaker not long after his stroke and more responsibilities fell to the kids. Instead of hiding in their rooms, the Fullwood siblings stepped up and helped out even more around the house and worked hard to keep their grades up.

For these reasons, their aunt, Angela Schutt, nominated them for Bikes for Kids and they were Week #2's winners.

Kassidy Fowler, 10, is another bike recipient who has mastered a lesson that takes some people years to understand: that differences should be celebrated.

Her mother babysits for a family member named Anna who has Down Syndrome and Kassidy is Anna's biggest fan. She is a neighborhood leader when it comes to teaching others to accept Anna and her special needs by showing them that Anna is no different than anyone else. This is in addition to Kassidy being a huge help at home taking care of her sisters and her compassion in the classroom.

Kassidy's grandmother, Nancy Asher, wanted to recognize her great work by nominating her for Bikes for Kids, and Kassidy was selected as Week #3's winner.

"My Granddaughter is a blessing to all that meet her," Nancy wrote in her nomination. "She has twin sisters who are 3 years old, and she is always helping her mom out with them. And she doesn't complain about it! She is an excellent student and the teachers just love her.



Kassidy is a very compassionate girl who helps her classmates out no matter what. And she always makes Anna smile."

Nancy and Kassidy were also featured on NBC 24's Better Living show and the whole family showed up to celebrate Kassidy's big win.

If you know of a child who demonstrates the same love and compassion for their family members, nominate them to receive a brand new bicycle, helmet, and lock by visiting www.BikesforKidsToledo.com.



RECIPE:

The Better Than Chipotle Bowl

Do you love Chipotle's Burrito Bowl? So do we! Check out this healthy, easy version that you can make at home.

INGREDIENTS:

2 breasts of grilled chicken

1 onion, chopped

1 garlic clove, chopped

1 tbsp. lime zest

3 tbsp. lime juice

1/4 tsp. salt

4 Roma tomatoes, chopped

1 cup orange, red, yellow bell peppers, chopped

1 jalapeño, chopped (if desired)

1 cup black beans

1 cup frozen corn

½ cup roughly chopped cilantro 2 tsp. Olive oil

INSTRUCTIONS:

In large bowl combine all ingredients and stir well. Allow flavors to marinate for about 2 hours then serve. (Yields about 5 servings)



Young Mothers Drown In Debt After School Fails To Keep Promise

Erin Black was 20-years-old and working 40+ hours a week as a server when she started full-time at University of Northwestern Ohio (UNOH) in Lima to give a better life to her 2-year-old. She gave birth to her second child while in school; took a short, 3-day maternity leave; and went back to class.

Heather Austin, 21, works second shift at a gas station to make ends meet for her 6-month-old son, and recently graduated with a degree from UNOH after juggling full-time classes, pregnancy, and work.

But instead of moving up the career ladder, Erin, Heather, and many other women who earned a Health Information Technology degree from UNOH are unable to secure jobs as Registered Heath Information Technicians since the school failed to provide their students with the necessary accreditation required for them to take the National Certification Exam.

Now the women have worthless degrees, have wasted years of their lives, and have significant student loan debt with no way to repay.

For many of the women who were young mothers and working in the food service industry, the claims in the UNOH brochures, like new graduate starting salaries ranging from \$30,000 to \$50,000 per year, seemed like the ticket out of waitressing.

"For two years I had to take time away from my oldest and now I will have to go to school again, taking more time away from my kids, because I'm \$30,000 in debt and not making the amount of money UNOH promised me I would make," Erin said. "My family is stuck in a two-bedroom apartment and I am not able to give my kids the things they deserve. The main reason I went to school was for a better future for my kids and



yet I'm still in the same job I was before I started school. I completed my end of the deal by completing school, but UNOH has failed to complete their end of the deal by securing accreditation like they said they would."

UNOH repeatedly promised the girls that the accreditation would go through, allowing them to take the Certification Exam and get hired, but the women were told month after month that the accreditation meetings were postponed.

"UNOH keeps getting our hopes up that they will be accredited and they keep disappointing us," Heather said. "I worked so hard and can't do the things I want to do for my son and myself because I can't get a job at the places that want me."

A lawsuit was filed on behalf of the women in the Allen County Court of Common Pleas against the University of Northwestern Ohio (UNOH) after the school falsely advertised to them that a UNOH degree in Health Information Technology would help them earn upwards of



\$42,000 annually.

Attorney Chuck Boyk, who represents the women in the suit, points out that the lose-lose situation UNOH has created for their students is even worse than America's student loan crisis, where graduates are having problems repaying school debt even with good-paying jobs.

"UNOH stuck these women in an impossible cycle of debt," Mr. Boyk said. "These hardworking moms missed out on pivotal moments in their kids' lives that they can never get back, all for the sake of a degree that is worthless and costing them thousands of dollars. The school should be ashamed of themselves for taking advantage of women who are simply trying to better themselves."

If you or someone you know attended UNOH and would like additional information on the lawsuit or how to join it, contact our office at 419-241-1395 or email cboyk@charlesboyk-law.com.

CASES OF INTEREST: AUGUST 2015

Rib Fractures, Traumatic Brain Injury The Result Of A Rear-End Car Accident

A woman faced a week in the hospital, two weeks of in-patient rehabilitation and will need a home health aide after being rear-ended by an SUV at a stop light. She was unconscious while being transported to the hospital, where she was treated for a traumatic brain injury and multiple rib fractures, and she is still unable to drive nearly a month after the wreck.

Motorcycle Accident Leaves Man With Multiple Broken Bones

Our client, who drives for a living, was proud of his perfect driving record over nearly half a

million miles when he was thrown from his motorcycle when another car did not see him. He was transported by ambulance to the hospital where he had surgery to repair a fractured arm and had to stay for over two weeks because of two fractured vertebrae and a partially collapsed lung. He will now have difficulty doing the things he enjoyed before the accident, like coaching sports, fishing, and bowling.

Nurse Suffers Traumatic Brain Injury, Back Injury At Hospital While Responding To An Emergency

After tripping on the cord for a crash cart while responding to a code blue emergency, our client

suffered a traumatic brain injury and severe neck injury. She underwent a fusion surgery on her neck involving the implant of a plate and screws. CT scans revealed a traumatic brain injury, which explained her slurred speech and short-term memory loss. Our client, who is a nurse at a local hospital, is still battling the effects of the head injury, including impaired vision.



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IN THIS ISSUE

- What is the newest must-try restaurant in downtown Toledo?
- Does your child qualify for a brand new bicycle?
- Which Ohio college has graduates who can't find work?
- What could be better than Chipotle?
- Want to help Boyk Law give back?

Join Us! Help Boyk Law Give Back

Mark your calendar for these great events and join our office in giving back to the community.

August 14th at 6pm

Slave Trail Freedom Walk to educate the community on sex trafficking in our area. The free event will start at The Lathrop House, Harroun Community Park, 5500 Main St. in Sylvania and end at the Franciscan Center on the campus of Lourdes University, where a documentary on the sex trade will be shown at 7:30pm. For more information on this free event, visit www.thedaughterproject.org.

September 19th at 8:45am

The Alexa Brown Memorial 5K run/walk and 1K Butterfly Fun Run course weave through downtown Clyde, Ohio as participants pound the pavement and raise money for cancer research while celebrating the life of Alexa Brown, who lost her battle with cancer when she was 11-years-old.

September 19th - Clean Your Streams Day

Volunteers and Partners for Clean Streams take to the waters in multiple locations around the city to remove garbage and debris, then enjoy a free lunch from Deets BBQ. For more information and to learn how you can get involved, contact Ava at Partners for Clean Streams by calling 419-874-0727, emailing her at Ava@Partners-forCleanStreams.org, or by visiting their website, www.PartnersforCleanStreams.org.





September 26th at 9am

3rd Ånnual Jacob Zeller Memorial Golf Scramble at Sleepy Hollow Golf Course in Clyde will give golfers the chance bid on awesome silent auction prizes, have a great lunch, and honor a young man whose life was cut short by brain cancer. For more information or to register, call 419-547-0770 or visit facebook.com/teamjakezeller.



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