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www.CharlesBoyk-law.com

New address or phone number? Help us stay current by letting us know!  
Call Anneke at 419.720.4452 or email her at akurt@charlesboyk-law.com

## The Soccer Chef's FANTASTIC Stuffed Poblano Peppers



8-12 Large Poblano Peppers

1 Cup Rice (cooked) • 1 can black beans • 2 T roasted garlic

1 16 oz. package of spicy ground sausage

• 1/3 Cup coarsely chopped fresh cilantro (needs to be fresh - no dried!)

1/2 Cup red onion, finely chopped • 1 T sea salt • 1 T cumin

1/4 finely chopped chipotle peppers in adobo sauce (Embassa is a good brand)

1 Cup shredded Monterey jack cheese

1. Preheat oven to 350°. Cook rice according to instructions. Cook sausage until brown and ground into small pieces - add onions and garlic to sauté for around 5 minutes.

2. While cooking rice and sausage, chop cilantro and chipotle peppers and cut the tops off of the poblanos, taking out the seeds and making sure the holes at the top of the poblanos are big enough to put stuffing into.

3. Once everything is cooked, put all but cheese into a large bowl and mix thoroughly. Add cheese and mix again.

4. Stuff the poblanos with a spoon and fill them as full as possible!

5. Bake in a 9x13 for 45-60 minutes.

*Variation:* Cook on the grill - this may not take as much time, but you will need watch so the stuffing doesn't come out all over the place.

6. Serve with salsa, sour cream and/or more cheese!

**Note: Left over stuffing is fantastic as part of an omelet or in a burrito.**  
Thank you to Brian Fowler, a soccer dad and friend of the Boyk family, for providing us with this delicious recipe. Stay tuned for more great recipes from The Soccer Chef!

## Cases of Interest our office is handling

**34-year-old woman taking Yaz birth control suffers a blood clot on her brain.** The injury causes numerous hospital stays and the life-long need for blood thinners.

**52-year-old man is shot by a police officer.** The gun shot wound caused him to lose part of his intestines. He also had two teeth knocked out in the incident. The firearms review board found that using that level of force was not justified.

**6-year-old boy flies over defective dirt bike handlebars, lacerating his liver** in the accident, causing the need for a liver stint and surgery, as well as a five-week hospital stay.

**42-year-old man suffers a torn Achilles tendon after being rear-ended by "road-raged" driver.**



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Attorneys  
Chuck Boyk, Michael Bruno,  
and Dale Emch

# The Boyk Bulletin

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### We Have Six Offices to Serve You

#### Downtown Toledo

405 Madison Avenue  
Suite 1200  
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800.637.8170 Toll-free  
419.241.8731 Fax

#### West Toledo

4032 Secor Road  
Suite A  
Toledo, Ohio 43623

#### South Toledo

5241 Southwyck Blvd.  
Suite 108B  
Toledo, Ohio 43614

#### Bowling Green

121 E. Wooster Street  
Suite 255  
Bowling Green, Ohio 43402

#### Swanton

110 W. Airport Highway  
Suite 208  
Swanton, Ohio 43558

#### Findlay

612 Main Street  
Suite 101  
Findlay, Ohio 45840

## Lawyers offer FREE Auto Accident Kits to community

On a daily basis, we deal with the problem of clients who did not know what to do in the event of a car accident.

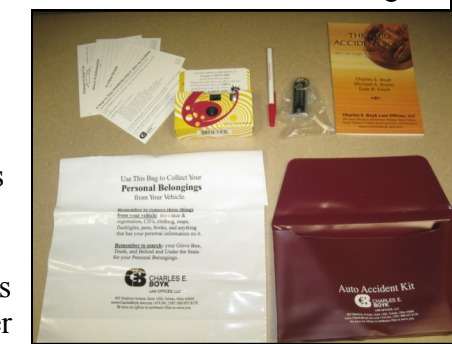
In response to this problem, we have created an Auto Accident Kit for the glove box.

While we hope it is never needed, the Auto Accident Kit is equipped with all of the tools you would need in the event

of a car accident.

The kit includes a camera for taking photos of the car damage; instructions on how to handle a car accident, including forms for witness statements and driver information; a pen; a flashlight; a bag to collect your belongings; and a copy our *Ohio Accident Book*.

If you would like an



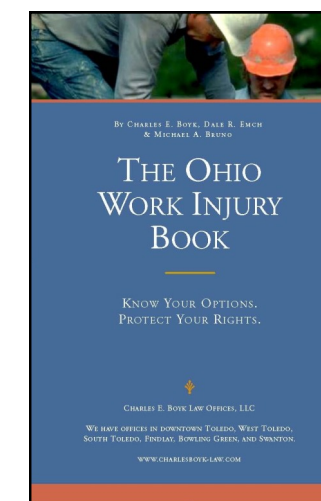
*Contents of the Auto Accident Kit*  
Auto Accident Kit free of charge, contact Anneke at 419.720.4452 or via email at akurt@charlesboyk-law.com.

### Take proper steps after work injury to receive fair compensation

Accidents suffered at work can devastate your life. One second you're working hard on the job, the next you've got an injury that prevents you from working for days or months. In some cases, injured workers never get back on the job.

The steps you take immediately after a work accident can affect the compensation you receive for your injuries.

"Many people don't know what to do after they are hurt at work," Attorney Chuck Boyk said. "I have handled many cases where



we have helped clients take the necessary steps to save their claim."

Here are the top four steps to take immediately after a work injury, taken

from our book, *The Ohio Work Injury Book*:

#### 1. Report the injury to your employer

Always make sure you tell your employer when you've been injured at work. Ask your employer to produce a written report about the incident.

Whether or not your employer completes a written report, make sure you document the date and time of the injury, how it happened, where it happened, and whether there were witnesses. Do this even if you have to produce the report yourself.

See *Workers' Comp*, page 2

Employee Spotlight

Stacey Swiergosz



Stacey Swiergosz

One of the toughest jobs at Charles E. Boyk Law Offices, LLC is mastering the art of answering a phone that is ringing off the hook all day long.

As a receptionist, trying to route an incoming call to the correct person while handling multiple ringing lines can be daunting. But our new receptionist, Stacey Swiergosz, has the job mastered.

Our office welcomed Stacey, 24, to the team at the end of July, when she became the newest addition to the front office staff.

Upbeat and friendly, Stacey is the first person people see when they enter the office, and the first person a new client speaks with when they contact the firm.

“Stacey’s outgoing personality and patience made her a great candidate for one of the most important jobs in the office,” Attorney Chuck Boyk said. “She is a great representative of the firm.”

Stacey is a 2003 graduate of Bowsher High School in Toledo, and is currently working towards Criminal Justice degree in Corrections from Owens Community College.

She has a background in the legal field, as she worked for another downtown law firm for two and a half years.

“I really enjoy working with clients on a daily basis,” Stacey said. “I like the fast-paced environment, and helping clients get to the person they need to talk

to.” Stacey is so good at her job, that in a few short weeks she started filing pleadings with the Court, handling correspondence with other attorneys, and writing letters to insurance companies.

In her spare time, Stacey likes to travel (she’s soon travelling to Puerto Rico for the third time) and go to concerts (she has been to 15). She loves country music and her favorite artist is Kenny Chesney.

Stacey lives in Waterville with her English bulldog, Tank.

Workers’ Comp, cont. from page 1

Also, keep all receipts and hospital records.

2. First Report of Injury form

Complete a First Report of Injury form, which is called a FROI in the work comp world. Your employer is supposed to fill out the form, but if that doesn’t happen, an attorney can help you. The form is crucial because it’s the only way you can get a claim number on file with the Bureau of Workers’ Compensation. Without a claim number, your claim will go nowhere. So, complete a FROI as soon as possible. Generally, an injured worker has two years from the date of injury to file a claim.

3. Get a claim number

You need a claim number issued by the BWC. Once the FROI is filed, contact the BWC so you can get an ID claim card. Everything that hap-

pens with your case will be linked to the claim number on the card.

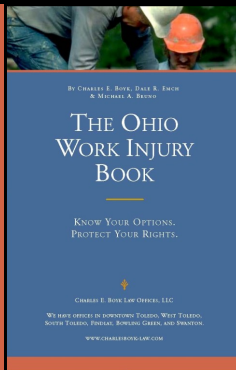
4. Get medical treatment Many people don’t realize they don’t have to get their injuries treated by their employer’s doctor.

You can treat with any doctor you want as long as the doctor is certified with the Ohio Bureau of Workers’ Compensation, or the BWC.

If your family doctor isn’t BWC certified, consult a lawyer who does a lot of this work to get references for qualified doctors. You can only get compensated for the conditions that the BWC determines were caused by your workplace injury.

Your attorney can file a motion that seeks coverage for additional conditions related to the injury. This becomes important if you later have to file a permanent partial disability claim.

Injured on the Job? Learn Your Rights!



Order your FREE copy of **The Ohio Work Injury Book** Call 800.479.8203 Code 8224 or visit [OhioWorkInjuryBook.com](http://OhioWorkInjuryBook.com)

**A Note to Our Readers** Charles E. Boyk Law Offices, LLC has created this newsletter for our clients, friends, and colleagues to provide general and practical information. It is not intended for legal advice and should not be viewed as a solicitation. We hope you find this publication to be a helpful and valuable addition to your mail. However, if at any time you wish to be removed from our mailing list, or update your contact information, please contact Anneke at 1.800.637.8170 or via email at akurt@charlesboyk-law.com.

More Bikes for Kids winners to be featured on new firm website dedicated to children

The attorneys in our office just launched a new website strictly dedicated to children and child injuries called **OhioChildAccidentBook.com**.

The site features frequently asked questions about child injuries and accidents, as well as videos and articles for parents.

Kids are also welcome to visit OhioChildAccidentBook.com with their parents’ permission. We have a special Kids Only section of the site, where kids can order yo-yo’s and watch videos on yo-yo tricks. There are even downloadable coloring sheets on safety. Kids are also encouraged to contact our office if they would like to upload a video of themselves doing yo-yo tricks.

We have a special section on the site dedicated to our Bikes for Kids winners. Bikes for Kids is a program where the attorneys at Charles E. Boyk Law Offices, LLC choose one deserving child each week of summer to receive a brand new bicycle. The bikes are purchased at Wersell’s Bike Shop on Central Avenue in Toledo, where the owner, Jill Wersell, has graciously donated helmets and locks to each child.

On the Bikes for Kids section of OhioChildAccidentBook.com, readers can view stories on why the winners were chosen, the parents reactions, and videos of the kids on their new bikes.

An electrical fire on her birthday didn’t stop 12-year-old Cassidy Steinline from looking at the bright side of things. Even though she lost her bike in the fire, she still stayed positive, and continued to help out with her brothers.

“Now I can ride my new bike when I take my brothers to the library,” Cassidy said. “I no longer have to walk while they ride ahead on their skateboards!”

Another young lady who is a big help with their brothers and sisters is 11-year-old Kayla Meeker. Kayla was adopted, and just recently recovered from an unexplained medical event that left her paralyzed from the neck down for six hours. After eight weeks of therapy, she learned how to walk again, and is now ready to bike ride with her six siblings.

“I am just so happy to be playing sports again,” Kayla said. “I really like my new bike!”

Shiloh Hagerman also overcame a serious medical condition. She was diagnosed with a blood disorder that prevented her from playing sports or riding a bike, and she had to give blood once a week for months. This past June she finally had blood counts normal enough to ride again, but she didn’t have a bicycle, even though she had been saving up her money for one.

She didn’t know when her mother pulled up to Wersell’s that she was about to receive a new bike. When Anneke Kurt, the Marketing Director for Charles E. Boyk Law Offices, LLC told her, she threw her arms around her mom.

“Oh my gosh!,” Shiloh said. “I can’t believe it! Thank you so much, Mom!”

Excitement was also apparent on Mikey Stahl’s face when he came to pick up his new bike. He lost his in a tornado last year. Mikey has been volunteering since he was three years old, in his hometown of Fostoria, Ohio.

Since finishing a nine-week stint at a fitness camp in New York, Mikey has come home to volunteer in the Obesity Task Force sponsored by the Fostoria Community Hospital and Healthy Lifestyles.

“My bike is really going to help me stay in shape,” Mikey said. “I have already put 30 miles on it.”

Visit **OhioChildAccidentBook.com** to enter your child in our Bikes for Kids program.



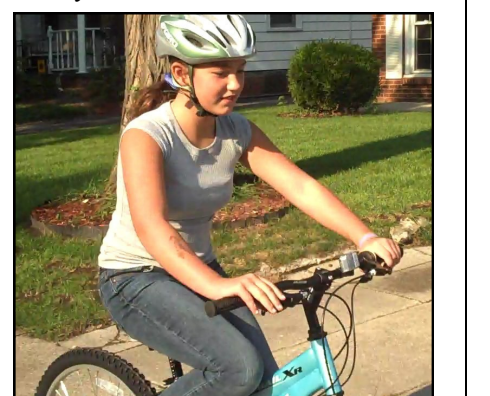
Cassidy Steinline is interviewed by 13 ABC news anchor Tony Geftos



Shiloh Hagerman poses with her new bike.



Mikey Stahl takes a test ride at Wersell’s.



Kayla Meeker switches gears while riding.